



# COPD EDUCATOR INSTITUTE

**October 24 & October 25, 2019**

**SAINT ANSELM COLLEGE**  
100 Saint Anselm Drive | Manchester, NH



## ABOUT THE COPD EDUCATOR INSTITUTE

The American Lung Association in New Hampshire's COPD Educator Institute provides healthcare professionals with a thorough overview of COPD information. The course will include practical information healthcare providers can use in their work with patients living with COPD. Specific attention will be given to tobacco treatment, spirometry, disease management, medication guidelines, end of life issues, the role of pulmonary rehabilitation, oxygen therapy and patient education.

### Who Should Attend?

Respiratory therapists, nurses and other healthcare professionals with a keen interest in developing skills as a COPD educator.

## TOPICS TO BE COVERED

- COPD Overview: *Definition, Pathophysiology and Treatment*
- Spirometry: *Use in Screening and Diagnosis*
- Tobacco Resources in New Hampshire
- Pharmacologic Management of COPD
- From a Patient's Perspective
- Review of Medication Devices in Small Groups
- Care for Patients with COPD: *Conversations, Symptoms Management and Transition to Hospice*
- Pulmonary Rehabilitation: *Self Management and Monthly Support Groups*

## COURSE GOALS

**At the end of the program, participants will be able to:**

- Analyze the components of COPD education: lung pathophysiology, assessment of physical status, environmental factors, barriers to self care and pharmacological interventions.
- Design COPD management and education plans for individuals in a variety of situations.
- Teach individuals how to manage their COPD using appropriate devices and techniques.

*The COPD Educator Institute is jointly provided by the American Lung Association and Saint Anselm College.*

**DAY 1**

THURSDAY, OCTOBER 24, 2019

- 8:00 a.m.** Registration
- 8:30 a.m.** Welcome
- 8:45 a.m.** COPD Overview & Treatment
- 10:15 a.m.** Spirometry
- 11:15 a.m.** From a Patient's Perspective
- 12:15 p.m.** Lunch
- 1:00 p.m.** Medications
- 2:00 p.m.** Tobacco: Resources  
for the COPD Educator
- 3:15 p.m.** Wrap Up

**DAY 2**

FRIDAY, OCTOBER 25, 2019

- 8:00 a.m.** Continental Breakfast
- 8:30 a.m.** Overview of the Day
- 8:45 a.m.** Review of Medication  
Devices in Small Groups
- 10:00 a.m.** Oxygen Therapy:  
What You Need to Know & Why
- 11:00 a.m.** Education for Patients
- 12:00 p.m.** Lunch
- 12:45 p.m.** Care for Patients with COPD:  
A Case Study
- 2:00 p.m.** Improving Activities of Daily Living  
Through Pulmonary Rehabilitation
- 3:15 p.m.** Wrap Up

**CONTINUING EDUCATION ACCREDITATION**

Saint Anselm College is accredited as an approved provider of continuing nursing education by the Northeast Multistate Division (NEMSD), an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Application has been made to the American Association for Respiratory Care (AARC) for continuing education contact hours for respiratory therapists by AHEC.

**Important:** To receive Continuing Education Credits, you must attend *all* sessions, *both* days.



# 2019 COPD EDUCATOR INSTITUTE REGISTRATION FORM

Name: \_\_\_\_\_ Credentials: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Place of Employment: \_\_\_\_\_

Work Phone: (     ) \_\_\_\_\_

Home Phone: (     ) \_\_\_\_\_

Email (required): \_\_\_\_\_

No refunds after **October 10, 2019**. Space is limited; register early!

☐ \$250 early registration (by September 19, 2019)

☐ \$300 after September 19, 2019.

*Registration fee includes resource materials, continental breakfast and lunch both days. Upon completion, participant will receive a continuing education certificate (12.0 hours).*

For more information, call  
Continuing Nursing Ed  
at **603-641-7086** or visit  
**[Anselm.edu/CNE](http://Anselm.edu/CNE)**

## Method of Payment

☐ Register online at **[Anselm.edu/CNE](http://Anselm.edu/CNE)**.

☐ Check or Money Order (Payable to Saint Anselm College).

☐ Mail with registration form to:

Saint Anselm College Continuing Ed, #1745  
100 Saint Anselm Drive  
Manchester, NH 03102-1310

☐ Purchase order requested from my organization.

☐ Visa     ☐ MasterCard

Card Number: \_\_\_\_\_ Expiration Date: \_\_\_\_\_

Name on Card: \_\_\_\_\_

Signature: \_\_\_\_\_

*We reserve the right to cancel the program if enrollment criteria are not met.  
Faculty disclosure information is available on request.*





**COPD**  
EDUCATOR  
INSTITUTE